

Treatment Team

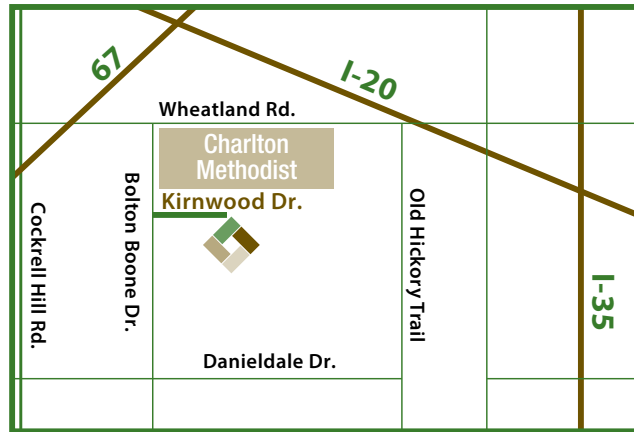
Our integrated treatment team is led by staff psychiatrists and includes other physicians, registered nurses, social workers, licensed therapists, dietitians, activity therapists and other mental health workers who work closely with each patient to formulate treatment goals and assess progress in meeting such goals.



Our Mission

“To improve the well-being of the patients we serve by providing expert quality care, a comprehensive array of services, convenient and timely access, delivered with exceptional service and compassion.”

A NEW and BETTER Treatment Option in the Dallas / Ft. Worth Area



DALLAS BEHAVIORAL
HEALTHCARE HOSPITAL

800 Kirnwood Drive • DeSoto, Texas 75115

855-982-0897

www.dallasbehavioral.com



Dallas Behavioral Healthcare does not exclude, deny treatment to, or discriminate against any person on the basis of race, national origin, disability, or age. All admissions to the hospital are determined by a Physician.

DALLAS BEHAVIORAL
HEALTHCARE HOSPITAL



Your Future Is Our Vision



**For Questions, Referrals
or a No Charge Assessment call:**

24-Hour Line: 972-982-0897

Toll Free: 855-982-0897

**800 Kirnwood Drive
DeSoto, TX 75115**

(Conveniently located by Charlton Methodist Hospital)

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Areas Of Specialization

The facility provides treatment of the following disorders, illnesses and behaviors:

- Depression
- Bipolar disorder
- Self destructive behaviors
- Suicidal thoughts or attempts
- Detoxification
- Schizophrenia
- Inability to function

Programming

With an emphasis on proven therapies, our licensed clinicians customize programming, with an emphasis on addressing:

- Anxiety
- Stress
- Grief and Loss
- Boundaries
- Understanding a Mental Health Diagnosis
- Coping Skills
- Substance Use
- Progressive Relaxation



All Inpatient Programs offer daily consultations with a psychiatrist, group therapy, family therapy and daily family visitation offered, recreational activities and diagnosis education. We also provide discharge instructions including outpatient appointments with mental health professionals.

Child / Adolescent Services

(Age 6-17)

Our team of child/adolescent specialists recognize and understand the unique needs of youth patients dealing with emotional and psychological disorders. The program goal is to provide stabilization of immediate concerns within a safe and structured environment. The treatment is short-term with the primary focus being on the reduction of symptoms and improvement of functioning.

Adult Psychiatry

(Age 18 and up)

The adult psychiatric program is designed to stabilize patients as quickly as possible and return them to an improved level of functioning. Treatment services are focused on helping patients develop the necessary coping skills to deal with the issues that led to the need for hospitalization.

Adult Dual Diagnosis

(Age 18 and up)

The dual diagnosis program assists patients seeking help for both a mental health disorder coupled with substance abuse or dependence. Therapy builds the patient's awareness of behaviors, people and places that must be avoided to maintain long-term sobriety. Twelve step work is also a core part of the program.

Geriatric Psychiatry

(Age 55 and up)

The Geriatric Psychiatry Inpatient Program at Dallas Behavioral Hospital is designed to treat acute mental health disorders in adults age 55 and over. Confidentiality is of the utmost importance. Personalized treatment is provided utilizing a multidisciplinary approach, including active participation in group therapy, and activity therapy. Patients and families receive education on specific disorders, medications and effective coping strategies.



No Cost Assessments Are Available 24 Hours A Day

Admissions to the facility are coordinated 24 hours a day. Licensed professionals conduct the no cost assessment to determine the proper level of care for the patient. No appointment is needed for an assessment. Patients may be referred by professional providers, friends and family, or be self-referred.

For more information or
an assessment call

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